



NEWSLETTER

March 2013



Our monthly meetings take place in Kibworth Grammar School Hall,
on the third Tuesday of the month, 1.45 - 3.45 p.m.

This month's meeting - Tuesday March 19th

How the brain controls our behaviour Andrew Young

Forthcoming dates for your diary include

April 16th
May 21st

Clive's Spring Quiz
Paul Kerryson, artistic director, Curve Theatre



*Sixties
re-kindled
in
style!*





Chairman's Musings

Since acquiring an iPad and now running an iPad course, I have been quite surprised at how many ways there are to share thoughts, images and videos with your friends, family or indeed, the world. iPad alone has email,

Messages, Photo Stream, Twitter, Facebook and iCloud and there are many others - Blogs, Google +, Skydrive, Dropbox etc. At the moment all of these services are free to the casual user. I wonder how long that will last!

I read on "Wikipedia" that way back in 2007 97% (from 1% in 1997) of non spoken communication, private and business, was over the internet. Even to us mature citizens the internet has made massive changes in our lives probably more so than even air travel or television. On the downside it has caused our local bank branch to close (HSBC think *everybody* uses internet banking). It has been instrumental in massive revolutions in many parts of the world, whether for good or ill remains to be seen. Even very extreme governments find that the control of internet information is very difficult. But most governments try.

The younger generation would find life almost impossible without their smart phones, tablets etc all reliant on the internet.

To think that the first "internet" communication was between two USA Universities in 1969 is amazing considering its current domination of the information world. Our much used Internet Explorer (IE.1) was not launched until 1995 and Safari not until 2003. Explorer is now at version 10 (IE.10) and has several competitors. The few people who do not use a computer must find life quite difficult. What a massive change in around 20 years! Apparently 2.4 billion people used the internet in 2012.

Have you noticed though that when you do a factual search you nearly always end up using Wikipedia! Sobering to know that anyone can post there and that entries are not checked for correctness! They rely on people challenging the entry. I do hope that there are still historians from both sides of any debate recording their thoughts for posterity. Otherwise we will get a very American interpretation. *Wikipedia even says that the USA designed Mustang was the greatest fighter of WW2 - how about the Hurricane?* Not quite like Encyclopedia Britannica where experts debated every entry. So our new found ease of access must be used with care! The internet is however very useful for recipes and if you ever need to repair anything you can usually find a video on the net showing you how.

What will happen in the future can only be guessed by those who will make billions from their thoughts (another Bill Gates) but if the last 20 years are any guide it will be truly spectacular.

U3A Matters.

At our last meeting I mentioned that Pam Moody had broken her ankle. Fortunately after a two week stay in hospital she is now on the way to recovery and is still active on the committee. On your behalf I have sent her some flowers which she really appreciated.

News from Interest Groups

Possible Groups /New Groups– Update

Italian Conversation

We are still in the process of getting this course “off the ground” - watch this space!

David Porter

0116 279 3150

davidporter66@mypostoffice.co.uk

Summer Strollers

As Winter Wanderers has now finished for the season, Summer Strollers will start from next month 15th April, venue East Carlton Farm Park. Meet at Kibworth Grammar School car park as before at 2 pm For further details please contact

David Porter

0116 279 3150

davidporter66@mypostoffice.co.uk

Absolute Beginners Line Dancing –

I have had a few enquiries about this class so will give it a trial with a short course of 6 – 8 weeks on Tuesday morning 10.30 to 11.30 at the Scout Hut. Anyone interested in joining us please contact me. The first class will be on Tuesday 26th March.

Val Crofts

0116 2792218

martinandvalcrofts@hotmail.co

Do you remember Spangles?

Following on from the recent success of the K & D U3A monthly meeting entitled the "Swinging Sixties" I would like to provide another opportunity for the so-called 1940s baby boomers to get together and reminisce (again). (This may help people who are concerned about forgetfulness.) Sessions would be held in peoples homes - so the group will be fairly small - where members can recall their lives during different years from the 1940s to the 1960s over a glass of Sanatogen!!! These are likely to be evening sessions

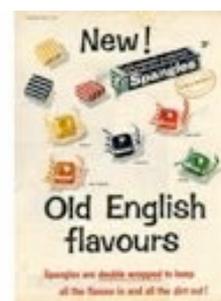
Are you interested in putting your twopenn'th in before they ceased to become legal tender?

Looking for people who aren't afraid of "Talking 'bout our generation".

Stephen Poyzer

0116 279 3590

stephenpoyzer@gmail.com



Bird Watching



Following on from the recent Friday walk around Rutland Water and the interest shown in the number of different birds present, I wondered if any members would like to start or join a bird watching group? If so, please contact me.

David Porter

0116 279 3150

davidporter66@mypostoffice.co.uk

News from Existing Groups

Anglo-Zulu War Study Group

Our now well established group continues to enjoy aspects of the Anglo-Zulu War. At our last meeting we celebrated our first anniversary with a Mastermind AZW quiz. At our next meeting we will be continuing to watch a video of our Group Leader's trip to the KwaZulu Natal battlefields. We meet on the last Tuesday afternoon in the month. We now have a vacancy on the battalion strength, so if anyone is interested in joining us on the ramparts, please give me a ring and I'll put you on immediate active service duties.

Martin Crofts 0116 279 2218
martinandvalcrofts@hotmail.co.uk

Book Club

For further information please contact

Lin Rowland 0116 279 2535
lvrowland@hotmail.com

(Duplicate) Bridge

We would like more players to come to our "easy going" Duplicate Bridge sessions, which take place every Wednesday in St Wilfrid's Church Hall. Start time 2 pm prompt. If you would like to come but do not have a partner please telephone me and I shall try to help.

John Ruddock 0116 279 2331
valruddock007@btinternet.com

(Social) Bridge Group

This is a social bridge group where we try to learn something most weeks but our main aim is just to socialise and play rubber bridge. We welcome players of all levels and will help players from many years ago to update to ACOL bridge and help learners to improve. We play Chicago about once a month. We play in the Lounge at the Grammar School Hall every Thursday 2.30 to 4.30 pm Plenty of car parking.

I am afraid we have now reached maximum capacity for the room and tables and therefore cannot take any new members for the near future.

Advance notice NO BRIDGE ON 2nd MAY due to Local Elections

Clive & Joyce Huntley 0116 279 2528
clive@huntley22.plus.com

This month's bridge tip

– The Sacrifice Bid

Quite frequently you will find that both sides have a fit in one or two suits and that everyone on the table is bidding. Often, the opponents will hold the balance of strength in high card points but you and your partner have a good suit fit on weak unbalanced hands. This is when you will be wanting to consider a sacrifice bid i.e a contract which you do not expect to make but anticipate that only going one or two off will be cheaper on the score sheet than letting opponents make game. By considering a sacrifice bid you may also push your opponents further than they would like and they may then go down. Don't make really silly sacrifice bids or do it too often or you will become unpopular.

Computer Basics Course (New!)

Five members attended the course run over three sessions and covering text manipulation, saving your work, typing a simple letter, cut copy and paste and Dropbox.

If you are interested in a Short Course on any PC topic please call me. The courses would probably run from my house on Tuesday mornings so small numbers are not an issue.

Keith Holyoake 0116 279 2079
kbholyoake@aol.com

Meetings run from 2pm until 4pm at the



Kibworth Old Grammar School.

Unfortunately we are unable to take more new members because of the room size. We will however start a waiting list. Contact

Pam O'Sullivan

pamela.osullivan@btinternet.com

Gill Holyoake

0116 240 3541

0116 279 2079

French Conversation

A small group of us get together a couple of times a month and just talk to each other in French. It's not the same as being with French people in France but for people who don't very often get the opportunity of being with French people in France it's the best regular and frequent substitute we can manage. It's also very sociable and the coffee's not bad either. We meet on the first and third Thursday morning of each month. If you'd like to give us a try and if you know at least enough French to muddle through in a conversation, you'd be very welcome to join us. Just ring for details of the next meeting.

John Willcocks

0116 279 1085

Gardening



We're delighted to have a full complement of 50 members for our **Half Day Coach Trip to Long**

Whatton Hall Gardens, Loughborough on **Wednesday 27th March**. The coach will **leave Kibworth Grammar School Car Park promptly at 12 noon** and return from Long Whatton at 5pm. On arrival Lord Crawshaw will introduce us to his wonderful 15 acre 19th

century country house garden, which we are then free to explore on our own. Highlights include the woodland garden, carpeted with spring bulbs and wild flowers; flowering shrubs; ornamental trees; ponds; a 'Bogey Hole' and replicas of the famous Terracotta Army standing guard in the Chinese Garden. Tea/coffee and homemade cake will be available for an additional £2.50. Please note as there are so many of us, Lady Crawshaw has requested that we stagger our visits to the tea room to avoid long queues.

There are a few seats available on our **Half Day Coach Trip to Burghley House Gardens, Stamford on Wednesday 24th April**, which includes guided tours of the rarely open Private South Gardens by the head gardener, and of the State Rooms, plus access to the Gardens of Surprise, Brewhouse Exhibition Centre, gift and garden shops, restaurant and cafe. The coach will **leave KGS Car Park promptly at 11.30am** and return from Burghley at 5pm. The cost is £20. If you would like to come along, please contact Mary by Friday 22nd March.

Gail Goldie

0116 279 6882

gail.goldie@btinternet.com

Mary Franks

0116 279 3110

franksdrama@tiscali.co.uk

German Conversation

We meet in members' houses on the second and fourth Wednesdays in the month. We don't do translation or exercises in grammar. All we do is chat informally on things that interest and entertain us. The group is full at present.

Elizabeth Willcocks

0116 279 1085

Guitar Circle

The Guitar Circle now usually meets on Wednesday mornings at 10 am. John Hooley leads the sessions in which we play a mixture of folk, rock, blues etc. We are currently practising 4 songs to play at the U3A Barn Dance on 16th March. New members would be most welcome so, if you are interested in joining us, please give me a ring

Trish Hunt

0116 279 2136

trishhunt@btinternet.com

Investment Club

Our main aim is to buy and sell stocks and shares with a social side to the experience. We have now reached our maximum number so, sadly, we cannot take any new members at this time. Please contact me if you want to be placed on our waiting list.

Clive Huntley 0116 279 2528

clive@huntley22.plus.com

John Thorpe 0116 240 2236

Latin for Beginners

Latin seems to be taking off! An exhibition in London about Pompeii and Herculaneum is opening at the end of March and on show there will be interesting items recovered from those two habitations which were battered to extinction when Vesuvius erupted in AD 79. There is also a recent article in the Daily Telegraph about a new book just published entitled "How to Read a Latin Poem." Oxford University Press, the publishers, must be confident that a substantial market exists and U3A Latin groups around the country will be interested.

Norman Hallett 0116 279 2659

hallett379@btinternet.com

Line Dancing

We meet in the Scout Hut on Mondays at 2pm. At the moment we are unable to fit any new members in the hall.

Val Crofts 0116 279 2218

martinandvalcrofts@hotmail.co.uk



A meringue swan enjoyed at the quickly arranged March Lunch at the Three Swans

Luncheon Club

Our next meeting will be on Wednesday April 10th at The Old Barn in Glooston. Please ensure Gill has your food choices by Friday April 5th.

www.kibworthu3a.org.uk

We assemble at 12 noon, to find out more information about the group just ring.

Gill Newnham 0116 279 2928

Pam Moody 0116 279 2817

Music Appreciation

We are a friendly little house group, who all share an interest in varying types of music. We meet on the first Thursday afternoon in the month to play and briefly discuss music of a chosen subject. Recently we have featured music from around the UK and music on the subject of "friendship". At our next meeting we will be playing all sorts of foreign music. If anyone is interested in joining us please give me a ring.

Martin Crofts 0116 279 2218

martinandvalcrofts@hotmail.co.uk

Painting

This group meets in the same venue as the Craft Group on every other Friday afternoon 2-4pm. We stop for tea and biscuits and we give £2 towards the cost of the room. We have room for one more person. For details contact

Liz Greenhalgh 0116 240 2545

chumbaz@hotmail.co.uk

Play Reading

The Group meet on the second Thursday evening in the month.

Our next read is Jane Austen's *Northanger Abbey*.

Rosanne Lane 0116 279 2727

rosanneplane@talktalk.net

Poetry

We meet on the first Wednesday morning of the month to look at the life and work of poets chosen by the members. This month we looked at the work of the 16th century English poet Robert Herrick.

A Change in the Year

It is the first mild day of March:
Each minute sweeter than before,
The redbreast sings from the tall larch
That stands beside our door.

There is a blessing in the air,
Which seems a sense of joy to yield
To the bare trees, and mountains bare;
And grass in the green field

William Wordsworth

Val Crofts 0116 279 2218
martinandvalcrofts@hotmail.co.uk

“Safari” Supper Group

Fifteen members of the group found themselves around three tables at the back of The Lighthouse at 7.15 pm to participate in another evening of fine dining with good conversation! Over a course of delicious nibbles which included whitebait, melba toast, chilli dips etc in our groups of five per table we set about discussing life as we know it before moving onto another table for the main and further discussions and possibly a third seat for the pudding and more talk talk! Sarah Poli and her staff made the evening go well and we'll be using her other restaurant, Boboli, later in the season. We all went home fully fed and warmed by the general company.

I'm taking requests to join the May and June outings now - please email me if you are interested. I can't say where we'll be going as negotiation need to take place with the establishment as we usually obtain a good deal with the eatery.

Stephen Poyzer 0116 279 3590
stephenpoyzer@gmail.com

Singing for Pleasure

We are a group of enthusiasts who enjoy singing together, trying new songs, revisiting

old favourites and having fun with our voices and music. We are led by Faye Stringer, an experienced and knowledgeable musician and singer.

New members are always welcome. We meet on the second and fourth Thursday of the month at St Wilfrid's Hall from 10 am to 11.30 am. If you want to know more, please ring

Carol Baker 0116 279 2956

cbaker100@talktalk.net

Meriel Godfrey 0116 259 8589

merielgodfrey1@gmail.com

Sketch Club

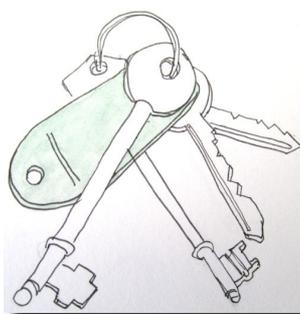
Some people go out in search of '*something worth drawing*'. If nothing nearby appeals to them they may spend a long time hunting further afield for just the right subject.

For some other people the whole thing's easier.

All they really want is to be drawing and it doesn't matter very much what. Their rule of thumb is *just draw*. If they're visiting York Minster, they'll probably have a go at that but if they've been scrubbing a pair of wellies they're just as likely to draw them instead.

Most of the people in the Sketch Club do both kinds of drawing – sometimes lengthy formal set pieces of '*something worth drawing*' and sometimes rapid sketches of very ordinary things – an abandoned bag of chips in a bus shelter perhaps or a pair of pliers on the kitchen table.

The bunch of keys pictured here is a good example of such a drawing. It's far too sketchy to be worth putting on the wall somewhere but



it was still good practice and the same kind of relaxing mental challenge as a quick crossword or a simple Sudoku.

It's very much the sort of thing we sometimes do in the Sketch Club.

We meet on the second and fourth Friday morning of each month and if you think you

might like to join us at one of our meetings just ring for more details.

John Willcocks 0116 279 1085

Table Tennis

We meet every Friday at the Kibworth Scout Hut, 2.30 - 4.30 pm. We welcome all levels of players from good players to people who have never played before or who have not played since school and who want to get some exercise, socialise and learn to play or improve table tennis. We have a break half way through for tea and biscuits and put the world to rights. We have some spare bats so why not come along and give it a try. Just turn up at the Scout Hut at 2.30 pm Fridays.

Clive Huntley 0116 279 2528

clive@huntley22.plus.com

John Smith 0116 279 2129

T'ai Chi

Our spring term runs until the end of March. We hope to continue for a further 10 weeks from the 9th April. We meet in the Village Hall between 11.30a.m. and 1p.m. T'ai Chi is a very gentle form of exercise with many benefits. All you need is comfortable clothing and shoes. Our instructor is very experienced. If you would like to know more please contact :-

Val Ruddock 0116 279 2331

valruddock007@btinternet.com

Walking

The walking group continues to prosper and grow, getting out into the countryside every first & third Friday. Due to the winter flooding and poor state of our usual footpaths we have recently experimented by organising walks with a difference. In February David Holmes took us on a ramble through Leicester city centre pointing out historic buildings and industrial heritage. Then at the beginning of March Ros & David took us 'bird watching' at the Rutland Water Nature Reserve. After a presentation by a warden explaining the history and

development of Rutland Water and the Nature Reserve, which now holds several National & International awards, we walked along the paths through the reserve visiting some of the 'hides' and tentatively identifying the many birds we saw.



As I write this the ground appears to be drying out and we have planned to return to our more traditional environment. On the 15th March we start at the Yews in Great Glen with a choice of walks. This will be another 'first' for the group. Ron & Christine Spinks leading a short walk to Burton Overy, where they will be looking at some of the interesting buildings and calling in on Scotland before returning to the Yews for lunch. Alan & Marion Brown are leading a longer walk to Stretton Magna, sadly the church has been boarded up and the grave yard sealed off, but we hope to see the site of the medieval village. Then heading across the fields to Burton Overy before returning to Great Glen.

Future walks:

Please contact the Walk Leader if you need further information about the walk.

On **5th April** Colin New will be leading a walk from **Lubenham**, approx., 4 1/2 miles, about 5 stiles (to be confirmed). It is a lovely rural walk, fairly flat, a few stiles, mainly on meadows, quiet lanes and field edges with some mud at one or two gates and lovely views.

Contact Colin at: colin.new@btinternet.com

On 19th April Diana Baxter will be leading a walk through ancient Bluebell woodland just north of Oundle. Visiting Southwick wood, Short wood and Claphorn Cow Pastures nature reserve. The walk is about six miles. We shall meet at the **Shuckburg Arms in Southwick** at the usual time.

Contact Diana on: kibhardi@hotmail.co.uk

On 3rd May Alan & MarleneThompson will be leading us from

The Golden Shield at Fleckney, this walk will be about 4.5 miles long.

Contact Alan & Marlene on:

macts@talktalk.net

Our group has grown in size, we have had 27 & 29 on recent walks, this has the potential to cause problems, for example the time a large group takes to cross stiles. This may mean not being able to keep to the time scale and arriving back at the pub to find our lunches getting cold. Also some pubs are unable to feed such a large group, which will limit our venues. Therefore, if you intend to join any of our walks please contact the walk leader in advance. If you intend to join any of our walks or need further information about them please contact the walk leader or, if you want to know more about what we do, please contact Mike or Alan

New members are always welcome. Car sharing can be arranged if needed.

Mike Bullows
mbugby@hotmail.co.uk

0116 259 8297

Alan Brown
lithops@onetel.com

0116 279 2559

Keith Holyoake
kbholyoake@aol.com

0116 279 2079

Winter Village Wanderings

Six intrepid - some may say foolhardy - souls set out to perambulate the lanes and byways of Foxton village on Sunday 10 March in squally snow/sleet and a biting easterly wind before arriving at Bridge 61 where we were warmed through with either a cappuccino or hot chocolate. This is last walk for this winter and regretfully has not achieved the desired objective of getting people along who think the walking group might be too demanding but



would welcome perhaps a short amble. Perhaps next winter? Watch this space...

Stephen Poyzer 0116 279 3590
stephenpoyzer@gmail.com

If you would like to join any of our groups please contact the relevant leader.

Finally a little smile

Reporters interviewing a 104-year-old woman: "And what do you think is the best thing about being 104?" the reporter asked. She simply replied, "No peer pressure."

The nice thing about being senile is you can hide your own Easter eggs

This Newsletter is now available online (and with colour pictures!) at
www.kibworthu3a.org.uk/newslettermarch13

NEWSLETTER

Next deadline –Tuesday 9th April

Group Leaders – please email your entries to our new email address:

newsletter@kibworthu3a.org.uk

If you have any photos (preferably over 1MB) or stories of your group's activities that could be published in a future edition please send them to the above email address. Thank you.

How to obtain a copy of this Newsletter

Copies of this Newsletter are available :

1. at the monthly meeting.
2. from either Kibworth or Fleckney libraries, shortly after the meeting.
3. by email I now send a copy of the Newsletter to every email address which we hold on our records.

If you can't get one by any of the above methods, the Secretary is willing to send out a copy by post on receipt of a large s.a.e. Please send your envelope to: Christine Lea, 12 Beaker Close, Smeeton Westerby, LE8 0RT

How to join K&DU3A

Joining could not be easier, provided that you are over 50 and no longer in full-time employment.

Please contact our membership **secretary Cliff Hollingsworth, 20 Springfield Crescent, Kibworth, LE8 0LH. Tel: 0116 279 2025** giving name, address and telephone number.

Subscriptions: cheques payable to K&DU3A. Alternatively ring our *new mobile telephone number 074 076 10888* and leave your name and telephone number and someone will call you back as soon as possible

The national U3A magazine is sent out three times a year; to find out about what's going on in between times, see the website: www.u3a.org.uk for on-line courses and further information.

Chairman:	Keith Holyoake	0116 279 2079	kbholyoake@aol.com
Vice-Chairman and			
Group Co-ordinator:	David Porter	0116 279 3150	davidporter66@mypostoffice.co.uk
Newsletter Editor:	Barbara Pickering	0116 279 3590	barbarapickering@gmail.com
Treasurer:	Cliff Hollingsworth	0116 279 2025	annandcliff@btinternet.com
Secretary:	Christine Lea	0116 279 0009	jlea294@btinternet.com
Minutes Secretary:	Ian Hearn	0116 240 3357	ian.hearn@btopenworld.com
Speaker Co-ordinator	Pam Moody	0116 279 2817	pmoody2@toucansurf.com
Publicity:	Gail Goldie	0116 279 6882	gail.goldie@btinternet.com
Committee Member	Clive Huntley	0116 279 2528	clive@huntley22.plus.com
Committee Member	Carol Townend	0116 279 6002	caroltownend@gmail.com

Outings

The Yeoman of the Guard

Thank you to those members who supported this production. I hope you all had an enjoyable evening.

My Fair Lady

Saturday (matinee) 15th June 2013 at 2.30pm at Kilworth House -

Tissington Well Dressing, Wednesday 8th May 2013

Wells can be viewed in the making from 10am- 5pm, followed by a visit to

Tissington Hall and gardens set in the middle of the Village.

Cost - The coach (29 seater) with a minimum of 20 persons £13.50, hall and gardens £8

Donations appreciated for the Well Dressing.

Crich Tramway Village Matlock 4th July 2013

Cost - The coach (29 seater) with a minimum of 20 persons £13.50, entrance £9

Coaches for the above visits have been booked and seats are available for both outings

Suggestions :

August/September	Theatre - Kilworth House	<i>Anything Goes</i>
November/December/ January		Military Tattoo at the NIA Ballet/Musical/Pantomime Day out similar to Chatsworth.

For further information please contact

Gill Newnham

0116 279 2928

gillian.newnham@homecall.co.uk

Jean Chapman

0116 279 1544

mail@jeanchapman.me.uk

KIBWORTH AND DISTRICT U3A – OUTINGS - REPLY SLIP

To: Gill Newnham, 6 Birdie Close, Kibworth, LE8 0PW

I wish to book _____ place(s) on the outing to

and enclose the sum of £ _____

Cheques should be made payable to: K&D U3A Outings

Name: _____ Tel: _____

Please print clearly

Address: _____