



Our monthly meetings take place in Kibworth Grammar School Hall, on the third Tuesday of the month,
1.45 - 3.45 pm.

**Please note: Doors will not be opened until 1.30 pm.
Refreshments will be served until 2.05pm.**

**This month meeting is on Tuesday 15th August
Trust Me, I'm a Plague Doctor - *David Bell***

Forthcoming dates for your diary include

September 19th	The Railway Men - Steam Locomotives— <i>Chris and Ken</i>
October 17th	Comedy, magic and me - <i>Dave Moylan</i>
November 21st	An Old Fashioned Christmas - <i>Felicity Austin</i>



Summer is here!

**The walking group posing for a photograph beneath blue skies.
Denise and John's walk from The Navigation, Kilby Bridge.**

Chairman's Chunters

Hi Folks,



Remember that old song "Two lovely black eyes", well I only had just the one and that was more than enough for me. Trouble is, when you have such a visible affliction people just have to ask how you acquired it and one soon gets fed up with explaining. My stock answer quickly became "*Well, apparently my answer to the question, does my bum look big in this? Was not the correct one!*" This was far from the truth of course, but it certainly gave people a laugh. No, the truth was even stranger. Having looked after my eldest daughter's dogs for a fortnight, the day came when we were due to return them home. Yippee!

Having lifted the puppy into the car boot, I

waited for the eldest dog to jump up alongside his pal. He appeared to be somewhat hesitant to do this as it was quite a stretch. As I bent over to lift him in, he obviously decided he could make it after all and his hard bony head met mine on the way up! I saw stars, his eyes never even watered and he gave me that hang dog expression that seemed to say, "*what happened then?*" Ah well, the bruising has nearly gone after three weeks, doggy gratitude for his keep? Nah, don't think so, do you?

This month's talk is "Trust me, I'm a Plague Doctor" by David Bell and promises some fun, albeit rather gruesome in part I suspect. One has to admire the villagers of Eyam for closing their doors and indeed the village itself to traffic to contain the spread of this terrible disease. Hopefully this sort of action will never be needed again, but it makes one think. Would somewhere like Kibworth react in this way today? Discuss!

See you Tuesday.

Regards

Roness

News from Our Interest Groups

Anglo-Zulu War Study Group

The K&D U3A Carbineers (dismounted), along with No. 1 Column, remain camped on the slopes of Isandlawana, but are currently stood down, awaiting developments by Lord Chelmsford at Mangeni Gorge. Reinforcements in the shape of Lt. Col. Durnford and his mounted Basutos have arrived, but, after consultations with Lt. Col Pulleine, have followed Lord Chelmsford to ensure the Zulus don't attack him from the rear of his column. It's a hot humid day and the grass is shimmering towards the Nquthu Plateau.

All is quiet, but tense.

Martin Crofts

0116 279 2218

martinandvalcrofts@hotmail.co.uk

Art Appreciation

The group has recently visited the excellent and very relevant new exhibition at New Walk Museum, Leicester entitled "**Splendours of the Subcontinent: A Prince's Tour of India 1875/6**". The artifacts on show have been carefully curated and are being enjoyed for the first time in 135 years. The exhibition coincides with the 70th Anniversary of Partition something which is most appropriate this month. - August 2017.

The group are going to The Barber Institute and the adjacent Winterbourne House next week to see amongst others things a Monet Exhibition.

Stephen Poyzer

0116 279 3590

stephenpoyzer@gmail.com

(Duplicate) Bridge

We would like more players to come to our *easy going* Duplicate Bridge sessions, which take place every Wednesday in St Wilfrid's Church Hall. Start time 2 pm prompt. If you would like to come but do not have a partner please telephone me and I shall try to help.

John Ruddock 0116 279 2331
johnruddock@gmail.com

(Social) Bridge Group

This is a social group mainly playing rubber bridge with occasional learning sessions. We play Chicago with prizes about once a month. We meet in the Lounge at the Grammar School Hall every Thursday, room open 2.00 - 4.30pm with play starting by 2.10pm. I am afraid we are at maximum capacity for the room and tables and therefore cannot take any new members for the near future.

Clive and Joyce Huntley 0116 279 2528
clive@huntley22.plus.com

Craft Group

This group meets in Kibworth Methodist Church upper room, 2-4pm, on the second and fourth Tuesday of the month. We knit and sew and contribute £2 towards the cost of the room. We stop for tea and biscuits. You will be made very welcome if you join this friendly gathering. You will need your own materials.

Liz Greenhalgh 0116 240 2545
lizzmg@gmail.com

Curry Club

Following our summer break, we next meet on **Sunday 17th September at The Cinnamon Lounge** Indian Restaurant, 127, Northampton Rd, Market Harborough, meeting at 7.00 pm. If you would like to join us please contact me.

Chris Graves 0116 279 1505
chris@cjgraves.plus.com

Film Appreciation Group

A trip to the cinema on a Wednesday morning in summer may not appeal to everyone, after all we want to enjoy the sunshine and watch the birds feed their young as we enjoy a coffee and pastry in the peace of our garden. Not me. I have found this summer lacking in its promise so have been more than glad of a trip to the Phoenix to watch a cracking film or three.

Our outing in June was rewarded with a brilliant performance from Brian Cox in the title role of 'Churchill' focussing on the time leading up to D-day and his supposed anguish at what he believed would be a disaster.

The July offering was Christopher Nolan's epic offering of 'Dunkirk'. For me it was gripping from start to finish as it told (at least part) of the story of the evacuation of over 300,000 troops from the beaches in northern France. I couldn't help but wonder what the gentlemen veterans in the audience were feeling as this was all played out before them. Just a film for many viewers but for them it was their story.

Our next scheduled outing takes place on Wednesday, 30th August to see 'Final Portrait' starring Geoffrey Rush as the Swiss artist Alberto Giacometti. I knew nothing of this artist so when I consulted Google I was amazed to see how Rush so closely resembled Giacometti. I look forward to finding out more of his story. Please contact me if you fancy joining us – whatever the weather!

Hazel Taylor 0116 279 2872
hazelann.taylor@talktalk.net

Flower Arranging

It was good to meet again in August after our summer break and to see the enthusiasm the ladies put into arranging their colourful baskets and plate/crescent designs.

Next month we meet on Tuesday 5th September in the lounge at 2pm when Gill will be taking a workshop, creating an Autumn themed arrangement.

The materials you will need to bring along are:- A 9 inch tall container i.e. a plant pot or orchid pot preferably in an autumn colour, gold, bronze or terracotta. Yellow, orange or red flowers i.e. 3



gladioli, 2 large open roses or chrysanthemums, spray carnations, alstroemeria, chillies or red peppers. Suggested foliage, formium, red berries, cordyline, contorted willow and teasles.



As you only need a small quantity of the above ladies may want to share flowers and foliage with a partner.

No experience needed. For details of this friendly group please contact

Pam O'Sullivan. 0116 240 3541

pamosullivan14@icloud.com

Gill Holyoake 0116 279 2079

Beaker Folk



The Folk Group (and it's not an all female group despite the photo above) continues to meet every Wednesday fortnight. We still could do with another singer to give my clonky old voice a rest. Contact me if interested.

Michael Rodber

0116 279 3089

michaelrodber@me.com

Gardening Group

Since the last Newsletter we have visited three very different gardens, each equally fascinating and delightful in its own way. Ideas from **Haddonstone's** small individual **Show Gardens** were easy to relate to for our own gardens; the restored Ladies Garden and South and Battlement Borders at **Broughton Castle** were in full bloom; while many of **Kathy Brown's Garden**



Kathy Brown's Garden

intriguing designs were based on paintings with personal family connections.



German Conversation

We cater for members wanting to keep up, improve, or even resurrect their conversational German. The format is relaxed and spontaneous chit-chat. We are not a study group, the only instructional element being dictionary look-up, if all else fails! We usually meet twice monthly on Wednesday morning and our meetings are hosted by members in rotation.

Ian Hearn 0116 240 3357
hearn.ianp@gmail.com

Investment Club

Our main aim is to buy and sell stocks and shares with a social side to the experience. We have now reached our maximum number so sadly we cannot take any new members at this time. Please contact me if you want to be placed on a waiting list.

Clive Huntley 0116 279 2528
clive@huntley22.plus.com

John Thorpe 0116 240 2236
zulumowsley@aol.com



On **30 August** we are off to **Wightwick Manor & Gardens**. The coach will leave Kibworth Grammar School at 9am. On arrival we will have Tea/Coffee, before a private guided tour of this Victorian manor house filled with Pre-Raphaelite art and William Morris furnishings. Afterwards we are free to explore the 17 acre gardens, laid out by Arts & Crafts designer Thomas Mawson. Its 'rooms', marked by clipped yew hedges, feature classic herbaceous plants and fragrant roses with pools and orchards beyond. There are a gift shop, plant centre and tea room on site. We start back at 3.30pm. The cost is £21 for non-NT members; or £11 for NT and NACF (Art Fund) members. Regretably, the Group is currently closed to new members. If you would like to go on the waiting list, please email Gail.

Gail Goldie 0116 279 6882
gail.goldie@btinternet.com

Mary Franks 0116 279 3110
franksdrama@tiscali.co.uk

Line Dancing

We meet in the Scout Hut at 2pm on Monday afternoons. Last Saturday 6 of us enjoyed an evening of dancing to live music in Market Harborough. We continue to enjoy learning new dances and practising the old standards. The group always surprise me with how quickly they now pick up new dances so I shall have to start testing them with some more advanced ones! Anyone interested in learning line dancing can contact me with a view to starting a beginners group.

Val Crofts 0116 279 2218
martinandvalcrofts@hotmail.co.uk

Lunch Club

The group is still on its summer break during August. Our next meeting will be on Wednesday September 13th at the Shires in Peatling Parva. Meals may be ordered on the day but please let Hilary know if you are coming, so that she can reserve tables.

Pam Moody 0116 279 2817
paminleics@aol.com

Hilary Firth 0116 279 2804

Music Appreciation

We are a sociable little house group, who all share an interest in varying types of music. We meet on the first Thursday afternoon of the month to play and briefly discuss music of a chosen subject. For the next block of meetings we will be working our way through the alphabet to discover composers, artists and music. This should take several months. Our group is full at the moment but if anyone is interested in joining us please give me a ring and I will try to accommodate you.

Martin Crofts **0116 279 2218**
martinandvalcrofts@hotmail.co.uk

Painting (Art)



This Group meets in the Methodist Church Rooms at two o'clock until four on every other Friday. We contribute £2 towards the cost of the room. We stop for tea and biscuits. You will need to bring your own

materials. We do not have a teacher but we learn from one another. We have room for one or two new members. Do not worry if your painting



skills are rusty, we are not at all judgemental and everyone is made welcome.

Liz Greenhalgh **0116 240 2545**
lizzmg@gmail.com

www.kibworthu3a.org.uk

Photography

We were really pleased to have the opportunity to display photographs taken of Gumley Wood as part of Gumley Open Gardens at the beginning of July. These were shown in the Church alongside the history display. They seemed to be well received so that was very rewarding. At our next meeting we will be looking at our summer photographs with a view to changing the display at Kelmash. Our next meeting is on 15th August, 10.30 at the Scout Hut. Please feel free to come along regardless of expertise and equipment used.

Karen Spencer **0116 279 2552**
spenkib@aol.com

Poetry

Falling Stars

Do you remember still the falling stars
that like swift horses through the heavens raced
and suddenly leaped across the hurdles
of our wishes – do you recall?
And we did make so many!
For there were countless numbers
of stars; each time we looked above we were
astounded by the swiftness of their daring play,
while in our hearts we felt safe and secure
watching these brilliant bodies disintegrate,
knowing somehow we had survived their fall.

Rainer Maria Rilke (1875-1926)

Our friendly little house group continues to enjoy a selection of poets and poems. After eleven years we still have no trouble finding new poets to read. This month we looked at the life and work of Rainer Maria Rilke. Although we felt that possibly some of the poems had suffered in the translation from German, nevertheless we found his work very readable.

Val Crofts **0116 279 2218**
martinandvalcrofts@hotmail.co.uk

Safari Supper

Since the last newsletter we have had two Safari Suppers! The first in June was at The Grey Goose in Gilmorton where 19 of us enjoyed an excellent if somewhat filling meal. This was our first visit to this venue and based on our experience we shall be revisiting it again soon. Recommended.

Our July outing was to one of our favourites, The Bakers Arms in Thorpe Langton. On a warm sunny evening there is nothing better than to look out over the hills behind The Bakers Arms at the Langton Caudles beyond and watch the sun setting and sheep ambling about in the meadows. Our next outing is on Wednesday 30th August if plans come together. I already have 19 names for this event however if you wish to be added to the list please let me know by email.

Stephen Poyzer 0116 279 3590
stephenpoyzer@gmail.com

Singles Sunday Lunch Club

We venture out on the first Sunday of the month to a local hostelry for lunch and a chat. As always all are welcome, if you are interested please contact me:

Anna McConachie 0116 431 1470
07966 497 360

hamanna@sky.com

Singing for Pleasure **

Our ethos is singing for pleasure so there are no auditions. Singing lifts the spirits and is fun. Do come and join us, you would be very welcome. We meet on the second and fourth Thursdays in the month at St Wilfrid's Church Hall, 10 - 11.30am.

Sue Bradburn 0116 279 3678

sueburn@rectory-cottage.co.uk

Ann Robinson 0116 279 3226

Sketch Club

Our programme includes outdoor sketching trips to local villages and attractions as well as sessions at each other's homes. At our last meeting we had a very enjoyable time at David's sketching in his lovely garden. Our next meeting is at Foxton Locks where we will do an hour's sketching before viewing each other's work over a coffee or tea.



Why not come and join us? We are a small group with different ability levels so if you want to take up or resume sketching for fun you will be

made very welcome. Our main aim is to enjoy our meeting. We meet on the second and fourth Fridays of the month between 10.30 and 12 either at an agreed location or at one of our houses. Give me a call if you are interested.

Keith Holyoake 0116 279 2079
kbholyoake@aol.com

Table Tennis

We meet every Friday 2.30 - 4.30pm at the Kibworth Scout Hut. We welcome all levels of players from good to people who have never played before, or who have not played since school, want to get some exercise, socialise and learn to play or improve table tennis. We have a break half way through for tea and biscuits and putting the world to rights. We have some spare bats so why not come along and give it a try. Just turn up at the Scout Hut at 2.30pm Fridays.

Don't forget Garden Party - Friday 18th August

Clive Huntley 0116 279 2528
clive@huntley22.plus.com

Vintage British Sitcoms

Our now established group is up and running on the second Monday afternoon in the month and at our last meeting we enjoyed some more fun and laughter with various sitcoms. At our next meeting in September we will be enjoying episodes of The Fall and Rise of Reginald Perrin, Terry and June, Are You Being Served? and Outnumbered. Unfortunately, the group is now full, but if you are interested please give me a ring and I'll try to find you a place in the future

Martin Crofts 0116 279 2218
martinandvalcrofts@hotmail.co.uk

Walking Group

The Walking Group has continued to enjoy a full programme during the summer break. Twenty three people gathered at The Bell in Burton Overy on 16th June on an ideal day for walking weather wise, a pleasant temperature and no mud expected. Julie Hart led us off together until we



Alan and Marion's walk on 30 June

crossed Burton Brook just outside the village where we split roughly in half and went our separate ways in two separate groups. Those doing the shorter route of three miles with David Porter set off across the fields towards Great Glen eventually passing through the village, with a stop at Dolly's Tea Rooms. Then walking along the old A6 and visiting the church, out of the village until turning towards Burton Overy along the footpath which followed Burton Brook and led back to the village.

The group following the longer six mile route set off across the fields with Julie on the opposite side of the road towards Little Stretton. Mostly grassy fields but we did have to negotiate some exceptionally high grass, mixed with brambles, stinging nettles, etc at the side of a few fields. We turned back towards Great Glen on reaching the road to Little Stretton and passed through fields of crops to the Recreation Field. Continuing on through the village, we followed the same route as the shorter walk, but without refreshments at the tea rooms ! It was thirsty work but we all enjoyed a drink and lunch at The Bell afterwards, although the pub was very busy.

A group of 14 walkers met at The Buttery, Castle

Ashby, Northamptonshire for the 'further afield' walk on Friday, 30 June led by Alan and Marion Brown. After a cold, wet week the temperature rose and we set off in fine weather. A mixture of road, field tracks and paths, we managed 6½ miles with only 1 stile. Passing some rather nice large houses we headed across the fields, through copse and beautiful wild flower meadows full of butterflies; I think we saw 5 different species. Having enjoyed a 'banana break' and fine views over the magnificent scenery we headed down to the 'Nene Valley Way'. Walking along the banks of the river we were again entertained by insects, this time damselflies and dragonflies. A swan sitting on her nest in the middle of the river was a good excuse for photographs and a short break. Further along the river we looked at the unusual vertical guillotine style lock gates which gave us yet another excuse to have a break before heading for the 14th century Whiston church which is largely unaltered and still lit with candles. A short walk along the road brought us back to Castle Ashby and our lunches. We had all made the full 6½ miles but were ready for a sit down and lunch.



Climbing up to Hanging Houghton on Linda's walk

The Buttery was superb serving drinks and lunches within ten minutes of our arrival. A walk that we may well be repeating in the future.

Denise and John Kirwan led a 4.5 mile walk, with 32 walkers, on the 7th July from the Navigation Inn, Kilby. A flat yet interesting walk in the warm sunny weather,

along the canal with rural views giving way to urban views as we skirted the edge of South Wigston to then climb up the embankment to walk the Crow Mills Park. We then had a pavement walk towards Countesthorpe veering off on tracks towards the sewage works(!) then fields back to follow the canal towpath to the Navigation for lunch. The pub coped admirably with the large number.

The Lamport Swan was the starting point for Linda Bickley and Su Coward's 4.5 mile walk on 21st July. After a short walk along the side of the

busy A508, we turned off downhill along the edge of fields to the Brampton Way. We then picked up the Macmillan Way at Blueberry Lodge, a well laid level bridleway, and on to Blueberry Grange and eventually to the pretty village of Hanging Houghton via a long, relatively steep lane where we all took opportunities to admire the lovely views of the rolling Northamptonshire hills and use the seats placed at strategic intervals ! We felt we had earned the very good lunch provided back at the Swan.

Friday 4th August saw 23 intrepid souls leave the Kilworth Springs Golf Club having ordered their midday meal. Led by Ron and Chris Spinks, a short walk back along the roadside path brought us to the start of the walk proper as we passed along a path leading from the church behind the golf club grounds. Upon reaching the canal, a short stretch of towpath was used which bypassed the chained up 'permissable way'. A short scramble up a bank onto the next bridge was negotiated with help from the male participants who formed a human chain amid much laughter and comment. Two cornfields were negotiated to bring us onto the Welford Bridleway and hence back to the first bridge. We retraced our steps for a short way before turning left across the golf course, along 'millionaire's row' to the road followed by a short path back to the golf course and a splendid 'silver service' type lunch in posh surroundings. Everyone seemed to enjoy themselves and the whole morning passed off nicely in good weather.

Future walks

Malcom and Celia Lever-Jones will be leading a longer walk on 18 August, Diana Baxter a longer walk again on 1 September and David and Nicola Porter a shorter walk on 15 September. As usual, please inform the walk leader no later than two days before the event if you are planning to walk and whether or not you intend to stay for lunch (please also provide your telephone number). Our usual schedule is to walk on the first Friday morning of the month (a shorter walk), the 3rd Friday (longer) and the 5th if applicable (further afield or an opportunity for something different), all usually followed by a leisurely pub lunch. An

up-to-date walking schedule can be found on the Walking Group webpage of the K&D U3A website.

If you need further information about any of the walks, please contact the walk leader or, if you want to know more about what we do, please contact:-

Group Leader

David Holmes

0116 279 6010

david@holmeoak.co.uk

Sue Dargie

0116 279 6706

suedargie@googlemail.com

Wine Tasting

August's tasting began with a sparkle and ended with a touch of sweetness.

Australian sparkling shiraz, mature champagne

and Chapel Down from Kent showed how different from each other wines with bubbles can be.

A straw wine, pictured left, from South Africa, made from dried grapes and with 10.5 % alcohol, contrasted in sweetness, colour and style with a Vin Doux Naturel from Banyuls in Roussillon fortified to 17%.

We will meet again in September to explore the



wines of Australia.

John Freeland

0116 279 6369

0751 207 3618

JFreeland@btinternet.com

Yoga **

Contact

Michael Rodber

07802 380252

michael.rodber@me.com

Please note: The symbol ** denotes a group which is not now operating under U3A auspices.

This Newsletter is online at
www.kibworthu3a.org.uk/newsletterAug17
Next issue's deadline –Tuesday 12th September 2017.
Group Leaders – please email your entries to our email address:
kibu3a@gmail.com

How to obtain a copy of this Newsletter

Copies of this Newsletter are available :

1. at the monthly meeting.
2. from Kibworth library, shortly after the meeting.
3. by email. A copy of the Newsletter is sent to *every* email address which we hold.

Please ensure that if you change your email address you let our secretary/treasurer/newsletter editor know so that we can update our records and you can continue to receive the newsletter promptly.

If you can't get one by any of the above methods, the Secretary is willing to send out a copy by post on receipt of a large s.a.e. Please send your envelope to: **Ann Robinson, 7 Springfield Close, Kibworth**

How to join K&D U3A

Joining could not be easier, provided that you are over 50 and no longer in full-time employment. Please contact our membership secretary **Cliff Hollingsworth, 20 Springfield Crescent, Kibworth, LE8 0LH. Tel: 0116 279 2025** giving name, address, email address (if you have one) and telephone number. Subscriptions: cheques should be made payable to K&DU3A. Please send **SAE** for your membership card to be returned to you.

To find out about what is going nationally see www.u3a.org.uk for on-line courses and further information.

Your K & D U3A Committee

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